

# 321 CAFÉ

Week of Monday March 19



## Watch for Mindful Menu Selections!

Look for the Mindful icon to find  
your way to better nutrition.

*Celebrate American Heritage  
Month!!*

### Hours

Monday - Thursday: 7:30am to  
6:00pm  
Friday: 7:30 to 3:00

### Managers

Manager: Thomas Van Pelt  
585-292-2513  
Cafe manager: Jon Rhees  
585-685-6231



Vegan



Vegetarian



Mindful

## MONDAY

Soup:	Classic Chili Classic Italian Wedding Soup
Breakfast:	Blueberry Pancake
Deli:	California Chicken Club Sandwich
Entrée:	Bacon BBQ Meatloaf Sandwich Sloppy Joe Sandwich

## TUESDAY

Soup:	Classic Chili Creamy Broccoli Cheddar Soup
Breakfast:	Blueberry Pancake
Deli:	California Chicken Club Sandwich
Entrée:	Bacon BBQ Meatloaf Sandwich Meat Lasagna

## WEDNESDAY

Soup:	Classic Chili Creamy Broccoli Cheddar Soup
Breakfast:	Blueberry Pancake
Deli:	California Chicken Club Sandwich
Entrée:	Bacon BBQ Meatloaf Sandwich Fried Bone In Chicken Wings

## THURSDAY

Soup:	Classic Chili Chicken & Noodle Soup
Breakfast:	Blueberry Pancake
Deli:	California Chicken Club Sandwich
Entrée:	Bacon BBQ Meatloaf Sandwich Baked Chicken Parmesan with Linguine

## FRIDAY

Soup:	New England Style Clam Chowder
Breakfast:	Blueberry Pancake
Deli:	California Chicken Club Sandwich
Entrée:	Bacon BBQ Meatloaf Sandwich Haddock Fillets, Raw, 4-6 oz Basmati Rice (Plain)

## SATURDAY

## SUNDAY